

How to ...

Clean your stainless steel products.

More information on

Why your stainless steel bottles/products should be properly cleaned.

Different methods on how to properly clean your stainless steel bottles/products.

— **AQ** —
LIFESTYLE

hello@aqlifestyle.co.za
www.aqlifestyle.co.za



Why you should keep your stainless steel bottles/products clean.

Reusable stainless steel bottles/products are the products of the future and the best way to keep our planet clean by reducing the use of single use plastics. In order to optimize the usage of your stainless steel products, it is important to properly maintain it so it can be used for as long as possible.

As these bottles have a very moist environment it is easy for build up to form on the inside of the bottle as well as the cap. The build up can be in the form of mold or even bacteria such as E.coli, which can lead to food poisoning and gastroenteritis. Proper cleaning and sanitizing your products for every day use is therefore very important and highly recommended, whether you are using your bottle for any form of hot drinks, cold drinks or even water.



Bottle Brush

One of the easiest ways for daily cleaning of your bottle is by using a bottle brush as it's easy to properly get rid of any build up and the soft bristles are perfect to use for stainless steel bottles as they won't scratch the inside of your products such as metal scrub sponges and wire brushes.

Use some boiling soapy water to clean out your bottle with your bottle brush, alternatively a mixture of boiling water and coarse salt can also be used. This will help get rid of mold build up inside of your bottles.

After a few uses, also remember to clean your bottle brush too so no germs can build up and scents/residues of previous drinks won't linger on your brush. It is recommended to let your bottle brush soak in hot soapy water every few uses or so.

NOTE: Always let your caps properly dry before putting it back so it doesn't become a breeding ground for germs.

3% Hydrogen Peroxide

For any unpleasant smells that just won't budge, 3% hydrogen peroxide can be used to get rid of the smell and also ensure that your drinks won't be left with an unpleasant taste.

- First clean the bottle as normal with soapy water
- Pour around 60ml of hydrogen peroxide into your bottle/product.
- Put the lid back on and shake properly.
- Pour out the hydrogen peroxide and rinse with some water.

NOTE: Hydrogen Peroxide is also a great sanitizing agent to kill germs on your bottle brush.





Vinegar

Vinegar is not only a great natural cleaning agent, but also a great way to disinfect and sanitize your bottles/products.

- Fill your bottle with equal parts of water & vinegar.
- Put the lid on and give the bottle a few good shakes.
- Let the mixture soak in your bottle overnight and rinse out with warm water the next day.

This will also help to keep the germs away and make sure your drinks always taste fresh.

Baking Soda

Baking soda is a great way to get rid of any grime and mildew build up inside your stainless steel products.

- Put a teaspoon of baking soda inside your bottle.
- Fill with water.
- Let the mixture sit overnight and rinse out with warm water.
- The mixture can also be used to thoroughly rinse out your lids too.

